## **River Horse**

There is nothing common about the Hippo. Yet compared to elephants, rhinos and the big cats of Africa, they are generally underappreciated, despite their declining numbers and the critical role they play in creating and maintaining healthy ecosystems. Though they are among largest terrestrial vertebrates in the world (smaller only than elephants and some rhinos) and are distributed widely across sub-Saharan Africa, they remain largely cloaked in mystery.



Unfortunately, hippos have been eradicated from most of their historic African range, though healthy populations can be found in protected areas, especially in Tanzania.

Perhaps this is because they spend most of their lives submerged and peering from the surfaces of murky ponds and waterways, often only emerging under the cover of darkness. Given their short, stubby legs and exceptional girth, it seems remarkable that hippos have been clocked running on land at 18 miles an hour over short distances and walk an average of six miles per night in search of food.



Hippos spend about 16 hours a day in the water. While awake, they can hold their breath for up to five minutes. While they sleep in the water, they surface automatically and breathe without waking up. Hippos can't survive for long out of water because their skin is extremely sensitive to direct sunlight, which is why they secrete a red, oily substance, once thought to be blood, that serves as both a sunscreen and an antibiotic.





Until relatively recently scientists believed, based on the fossil record, that the hippo's closest living relatives were pigs. But more recent DNA evidence indicates that hippos are more closely related to whales and that they shared a common ancestor as recently as 55 million years ago. Hippos are ecosystem engineers. Because of their massive size, they create new paths and channels as they move through the water and between water and land. Water flows through these channels during the wet season, which creates new habitat and shelter for birds, insects, and other species. And in the dry season, the lagoons left behind provide a safe haven for small fish and other creatures. Hippos are also crucial to the health of wetland ecosystems because of the role they play, through defecation, in fertilizing the water. Thanks hippos.





