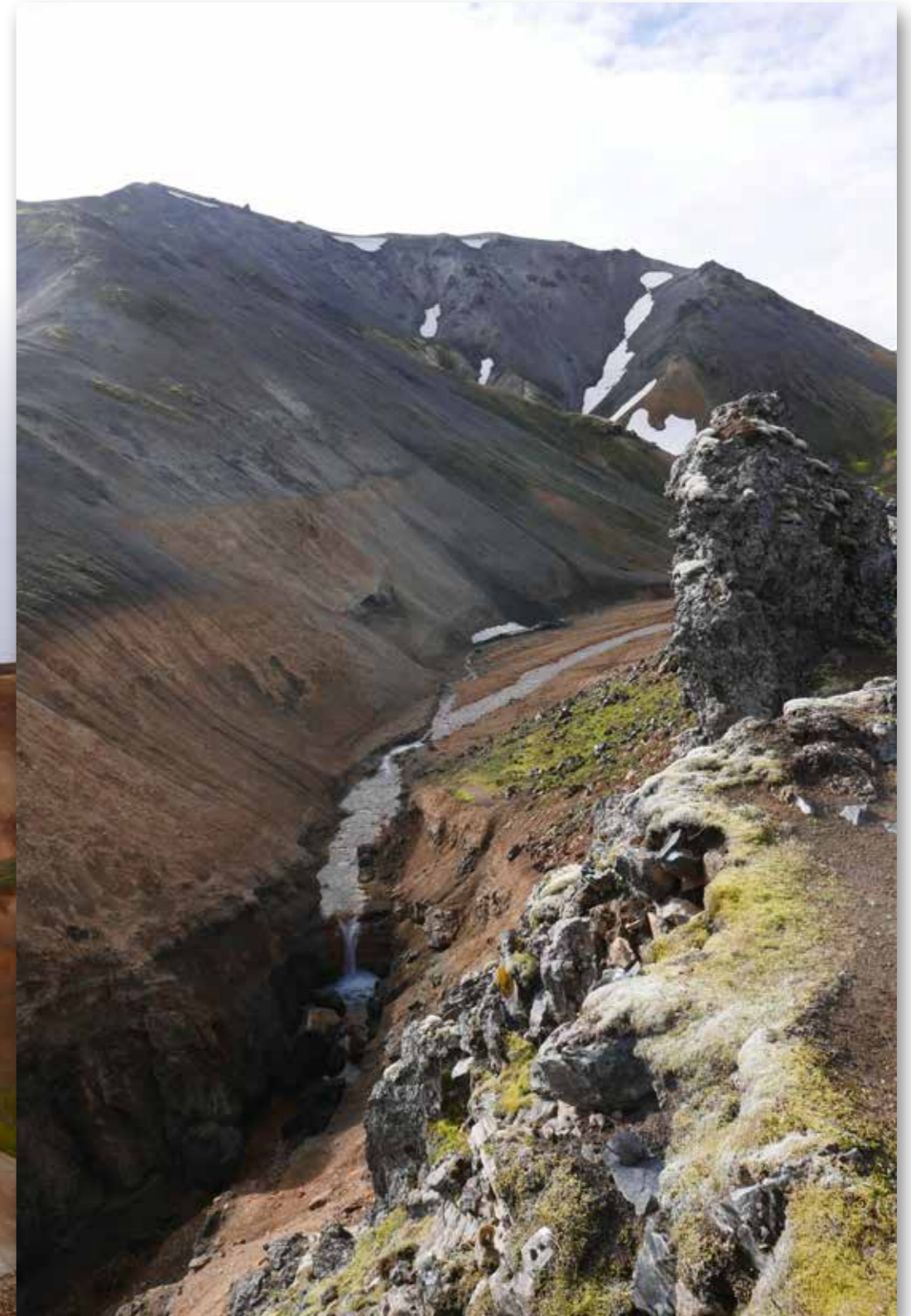
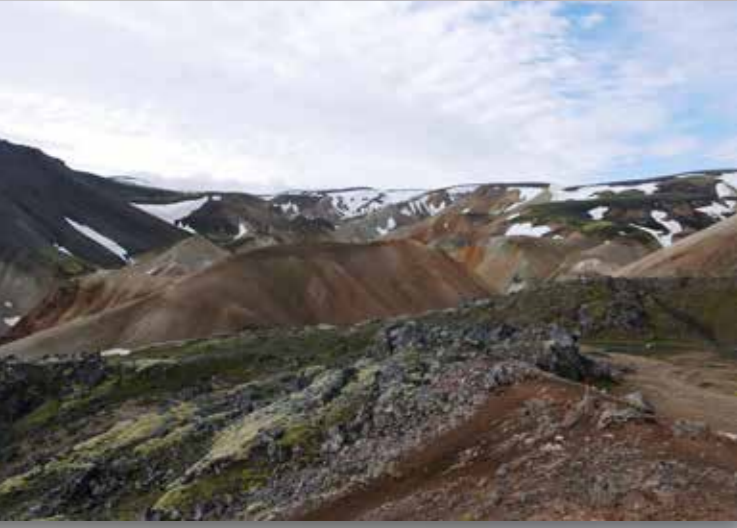


## Old Lady Mountains

Kerlingarfjoll or “Old Lady Mountains” is a stunningly beautiful mountain range located in the center of the Icelandic Highlands. The range takes its name from a 25-meter high dark pillar named Kerling. Old Lady that rises high in the area. Legend says that a female troll named Kerling was walking in the area when the sun came up and she turned into stone.







This alluring place hosts the third largest geothermal area in Iceland's interior reaching about 100-140 square kilometers. For this reason, steam surrounds most of the area and many hot springs are found where visitors have enjoyed bathing for centuries. But the area isn't only a geothermal hot area, it is also a home to a few glaciers which gracefully rest on the tops of the volcanoes and mountains making them even more special.



This young mountains range is only about 10,000 years old and consists of rhyolite, dark and bright tuff stones which are constantly changing its colors depending on the season, weather and light making Kerlingarfjöll extremely unique and photogenic.



Glacier walks



